



**Patricia Leonard, BSW, RSW  
Social Worker**

*Experience:*

- 2018 - Present    **Social Worker**, Brainworks, Timmins and surrounding regions
- 2018                **Child Protection Worker**, Kunuwanimano Child and Family Services, Timmins, ON
- 2012 - 2017       **Clinical Social Worker**, Cochrane Temiskaming Children's Treatment Centre, Timmins, ON
- 2011                **Child Care Worker**, Child and Family Services of Timmins and District, Timmins, ON
- 2011                **Research Assistant (BSW Placement)**, Laurentian University, Sudbury, ON
- 2010                **Youth Transition Worker (BSW Placement)**, North Eastern Ontario Family and Children's Services (NEOFACS)
- 2008                **Child and Youth Worker (5 Month Placement)**, Windsor Regional Children's Centre - Family Learning Place, Windsor, ON
- 2006 - 2007       **Child and Youth Worker (4 Month Placement)**, Lansdowne Public School, Sudbury, ON

*Education:*

- 2011                **Bachelor of Social Work**, Laurentian University, Sudbury, ON
- 2008                **Child & Youth Worker Diploma**, Cambrian College, Sudbury, ON

*Professional Memberships:*

- Ontario College of Social Workers and Social Service Workers  
Registration #: 820305

- Ontario Association of Social Workers

### *Professional Highlights:*

- Experience implementing psychotherapy strategies; Cognitive Behavioural Therapy; Stress Management; healthy coping skills; strengths-based and solution focused approaches
- Developed, facilitated and managed Social Youth Group Program for children/youth ages 9-18. Assisted in the development of positive social and life skills and provided progress reports to families
- Knowledgeable about community agencies and support services available in the Timmins and surrounding areas
- Experience working with children and youth with special needs from infancy to transitions to adulthood
- Strong advocate for families in the community
- Assisted parents and families during their children's most difficult times in their lives
- Able to work in a multi-disciplinary team. Experience working with Psychologists, Physiotherapists, Occupational Therapists, Recreation Therapists, and Case Managers
- Knowledgeable of Aboriginal culture and history
- Provided mindfulness counselling intervention to youths through holistic arts programming to meet their individual needs
- Provided education on drug / alcohol use; dealing with high risk behaviours and suicidal ideations. Co-facilitated PRIDE, a 9-week program for adoptive / foster parents and Triple P; Positive Parenting Program, a 9-week program for parents of troubled youths
- Able to provide services in both English and French

### *Professional Development:*

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| 2018 | <b>Cognitive Processing Therapy Online Training</b> , Carin Lefkowitz and Andrew Santanello, Uniformed Services University  |
| 2018 | <b>Brainworks Clinical Staff Training Day</b> , Brainworks, Huntsville, ON <ul style="list-style-type: none"><li>• CBT: Thinking Like a Different Drummer</li><li>• Brainworks' Neuro/Biofeedback Therapeutics - Expertise in Cognitive Wellness</li><li>• Getting to CAT Sonner: Key Point for Testing for GOSE Assessments and Reports: Thomson Rogers Personal Injury Lawyers</li><li>• Knowledge Sharing: Enhancing Therapeutic Approach</li><li>• Ask Me About Sex: Sexual Health Conversations with our Clients</li><li>• Optimizing Statutory Accident Benefits Funding: Will Davidson Injury Lawyers</li><li>• Self-Care Boundaries</li></ul> |

- 2018            **Brain Injury: A Family Perspective**, Brainworkshop Series, Brainworks
- 2018            **Fatigue and Sleep Disturbance After Traumatic Brain Injury**, Jennie Ponsford, PhD, Monash University, School of Psychology and Psychiatry, Webinar
- 2018            **Integrating the Family into Behavioural Modification Strategies following Traumatic Brain Injury**, Michele White, MALLP, Behavioural Operations, Webinar
- 2017            **Traumatic Incident Reduction & Life Stress Reduction**, Living Moments and Legacy Workshop, Timmins, ON
- 2017            **Children and Youth with Acquired Brain Injury (Level 1)**, Dr. Roberta DePompei, Ontario Brain Injury Association
- 2016            **PEERS Certified Training Seminar for Mental Health Professionals**, Penny Sutcliffe, Sudbury, ON
- 2015            **Mindfulness Counselling Skills Workshop**
- 2015            **Self-Injury in Youth: Developing and Understanding (Part 1)**, Kim Enns, Crisis and Trauma Resource Institute, Inc.
- 2014            **Working with LGBTQ Youth and Gender Independent Children and Their Families**, Glenda McDonald
- 2014            **Compassion Fatigue to Compassion**, Mariette Maille
- 2012            **Embracing the End of Life**, Eugene Dufour